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# ST. CHRIS GUARDIAN

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Volume 2, Issue 1

September/October 2007

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## The Spirit of St. Chris

By Dani Gehring

Cheerleading is new in our school. It was started last year when Caroline Kornobis expressed an interest to Mrs. Lederer. The squad last year consisted of eight eighth graders and one seventh grader. This squad is still in process of being formed this year. Cheerleading in our school is primarily for basketball. Our cheerleaders last year were all new to the sport but they had sprit and enthusiasm of squads much older. The girls were excited about cheering at home and away games. Girls on the squad made up their own cheers along with using traditional. When you go to the next school team basketball game, make sure you listen for the cheerleaders; they are there to make the game more exciting and enjoyable. They are the spirit of St. Christopher. †

## Student Spotlight: Talia Coryat

By Bhumika Salwan

I interviewed first grader Talia Coryat from Ms. McNamee's class. Talia reported that she likes gym, especially playing Batman and Robin.

*Continued on page 6*

## Something's Fishy

By Jeremy Perez

At 8am on September 15, 2007 at Freeport Nautical Mile, St. Christopher's families boarded Captain Lou's fishing boat. We set sail and went fishing out in the bay near Jones Beach. After dropping the anchor, everyone dropped his or her fishing lines into the water and shortly after, we got our first bite! Everyone was excited to see the sea bass that we caught. All the fish were set back free into the ocean.

The kids on board had a good time hanging out everywhere on the boat. The captain even allowed some kids to steer the boat! The parents chatted and everyone had a blast. We arrived back and docked at the Nautical Mile in Freeport at 12:30pm. Overall it was a fun fishing trip! †



Above: Austin McC Carson, Zachary Einhorn, Jeremy Perez, James Golder

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## Starting a Chain Reaction: Rachel's Challenge Club

By DJ Massa

At Saint Christopher's School, we have a Rachel's Challenge Club. This club reflects on the life of Rachel Joy Scott who had died at Columbine High School in 1999. We reflect on her good works towards the people around her.

*Continued on page 6*

# Special September Events:

## An International History

By Lauren Kennedy

September is a very special month. It is national mushroom month, national piano month and Hispanic heritage month.

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*In Latin septem means "seven" and septimus means "seventh." September was the seventh month in the Roman calendar until 153 BC.*

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September's flower is the morning glory. September's birthstone is the sapphire.

In many countries, September is the start of the academic year. In Mexico, Independence Day is celebrated on September 16. Labor Day is celebrated on the first Monday in September. National Grandparents Day is held on the first Sunday after Labor Day. In the U.S., September 11 is Patriot Day in honor of the victims of the terrorist attacks. In Australia, Father's Day is celebrated on the first Sunday in September. September has thirty days. Great Britain signed the Treaty of Paris, ending the Revolutionary War in America on September 3, 1783. The U.S. Department of the Treasury was established on September 2, 1789.

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*The Constitution of the United States was signed on September 17, 1787. Francis Scott Key wrote the Star Spangled Banner in 1814 on September 13.*

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September 19th is national Talk Like A Pirate Day. †

## Joke of the Month: Real Music

By Caroline Brown

A drummer, tired from being ridiculed by his peers, decided to learn how to play some "real" musical instruments. He went to a music store, walked in, approached the store clerk and said, "I'll take that red trumpet over there and that accordion." The store clerk looked at him a bit funny, and replied, "Okay, you can have the fire extinguisher, but the radiator has to stay." †

## Guess this Teacher

By Angela Cerbone

1. This teacher is a female. 2. One of her children is a student here at St. Chris. 3. She likes science. 4. She wears glasses.

(answer on page 4)

## Riddle of the Month

By Caroline Brown

Mary's father had four children; three of their names were Nana, Nini, and Nene. What was the fourth child's name? †

(answer on page 4)

## Recipe of the Month: Heavenly Brownies

By Francesca Novielli

### Ingredients

6 oz. chocolate chips

1 egg, beaten

½ cup butter

2 cups Bisquick

1 can sweetened condensed milk

½ cup nuts, chopped (optional)

### Directions

In a 2-quart saucepan, melt chocolate chips and butter. Cool just slightly and add the condensed milk, egg and Bisquick. Stir well. Add nuts and pour into cake pan. Bake at 350 degrees for 20 minutes. †



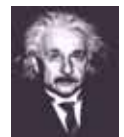
## Food Facts of the Month

By Stephanie Girards

1. America eats an average of 18 pounds of fresh apples a year, and the most popular variety in the US is the Red Delicious.

2. The secret recipe for Coca Cola (code name: Merchandise 7X" is kept under lock and key in a vault in SunTrust Bank Building in Atlanta Georgia, the home of the Coke inventor Dr. John S. Pemberton and current world headquarters of Coca Cola International.

3. IN South Africa, termites are often roasted and eaten by the handful like pretzels or popcorn!!! †



## Quote of the Month

By Bhumika Salwan

The hardest thing to understand is why we can understand anything at all. -Albert Einstein †

# Who is Gabriella Montez?

By Francesca Novielli

In the movie, High School Musical, Gabriella is a girl who likes math and singing. She is a good friend that is honest and friendly. In the second movie, she is a lifeguard at the Lava Springs Country Club. I actually like Sharpay, even though she is supposed to be mean. I think Sharpay is a better actor, but Gabriella is a great singer. She has two good songs, "Say Ok," and "Come Back to Me." In High School Musical 2, Sharpay gets jealous of Gabriella. Both girls want to win the Lava Springs Country Club Talent Show, but Gabriella and Troy succeed. Gabriella is a great actor. †

# Our Favorite Tunes

By Bhumika Salwan

A poll of 103 students and teachers reveals the most popular song.

**"This is why I'm Hot" by MIMS: 34 votes**

"SOS" by Jonas Brothers: 30 votes

"Bet on It" from High School Musical: 15 votes

"What Time is It" from High School Musical: 14 votes

"Nobody's Perfect" by Hannah Montana: 10 votes

"1973" by James Blunt: 1 vote †

# The Next Troy and Gabriella

Students are currently creating our very own High School Musical production! Miss Minot and Mrs. Brandel will supervise the school play this year. You can see who will be the next Sharpay, Ryan, Troy, or Gabriella. This play is the start of something new at St. Christopher's School for 2007. †

# High School Musical 2

I am sure that everyone has at least seen High School Musical 2 while many have already memorized the songs and learned the dances. High School Musical is a major success 17.6 million viewers tuned in on August 17<sup>th</sup> to see the premiere. The actors and actresses worked extremely hard through three weeks of dance rehearsal before they started to film. Even though the movie took place in the summer, they were filming in March. What looked like a summer evening was actually a freezing cold night.

The soundtrack came out August 14<sup>th</sup> with a bonus track. There are concerts, ice shows, clothing lines and even Halloween costumes for High School Musical. Even if you don't dance you'll be cheering, "Go Wildcats!" †

# My Name is Sharpay Evans

By Meagan Kennedy

Hi my name is Sharpay Evans. I am the best singer in East High. My brother and I are very close. We have been in seventeen school productions together. My mom owns a country club in Albuquerque, New Mexico where Troy and all his friends got new jobs. I like Troy. I have blonde hair. I have a dog named Boi. I like the color pink. I have a pink convertible. I have personalized pink golf balls. I like to shop at Tiffany, Jimmy Choo and Prada. I like iced tea imported from England. I think the lifeguards from Spain are cute. I like towels imported from Turkey. I like turkey imported from Maine. †



# High School Musical:

# A Harmonious Hit

By Angela Cerbone

On January 20, 2006, High School Musical aired on Disney Channel. High School Musical is about high school students Troy and Gabriella. They met on New Years Eve. When Troy returned to East High, Gabriella was a transfer student there. Sharpay and Ryan Evans get lead parts in the school play year after year. Gabriella and Troy audition and take the Evans' spotlight.

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*Everyone who watches will be crazed with High School Musical from ages 1 to 101.*

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During the summer of 2007, a sequel appeared on Disney Channel, High School Musical 2. This time the plot involved a scheme created by Sharpay trying to break up Troy and Gabriella. The Evans' at their beach club where Troy, Gabriella, and their pals found summer jobs! The music in both movies was entertaining and to sure to keep you dancing! High School Musical the Soundtrack and High School Musical 2 the Soundtrack are both available to buy at any music store. †

# How's High School?

**By Danielle Gehring**

High school is a change. When we leave St. Christopher's School after graduation, we will go into high school. Some of us will stay together, but most of us will go in different directions. Either way, high school is a big change from middle school. My sister, Kati, just started her freshman year at Our Lady Of Mercy Academy. I interviewed her in hopes of helping us seventh and eighth graders be more prepared for the move to high school.

DG: What was the biggest change you noticed going from middle school to high school?

KG: The school is much larger and there is a lot of homework every night, including weekends. And now I take the bus.

DG: What stayed the same in high school from middle school?

KG: You still will have the same major classes of Math, ELA, History/Social Studies and Science.

DG: Do you see the girls you went with to middle school in high school still?

KG: Yes, I am lucky to have three classmates from St. Chris at OLMA with me. I see them in the hallways and I have

## Block Party Bonanza

**By Ashley Perez**

September 7<sup>th</sup> was a great day for everyone. The St. Christopher's Block Party was something to look forward to after school. It was a chance to hang out with friends, play basketball, ride bikes, get your face painted, and so much more! Great snacks were provided; my favorite was the Italian ices.

Many kids enjoyed the moon bounce; it was all they talked about. The line was long in the beginning but as they grew tired, the line slowly wore down. I can't blame them, how do they jump in a moon bounce for that long? Some kids were in there for hours. My legs would have gotten tired! They were all so happy to be playing with their friends.

The block party would not have been possible without Home and School and of course all of the volunteers. I know all of the St. Christopher's School families appreciated it and so did I. Everyone had a great time. The hours of preparation led to hours of fun! †

some classes with them, but I'm also meeting new people each day. I still see some of my other friends that went to other high schools on weekends.

DG: What are the teachers like in high school?

KG: The teachers are nice and very strict.

DG: Do you think you were well prepared going into high school?

KG: Yes, I was. I knew how to study, how to take notes, how to listen in classes, and how to manage my time between homework and after school activities.

DG: Do you do any activities at OLMA?

KG: Yes, I am on the varsity swim team right now and will try out for basketball in a couple of months. Also, next month, we have a club fair at school showing us what clubs and activities are available.

DG: What advice do you give the seventh and eighth graders here at St. Chris in preparing for high school? KG: Listen to your teachers; they will help prepare you for high school if you let them.

I interviewed Kati as she and Tori were preparing for their bus ride to school. Kati's last words for me were: "After the first week finishes, you adjust and become a part of your new school. Your old school got you here, now you have to make the most of the next four years. Don't worry though; it's a lot of fun." †



# Reading Reviews

By Colleen Riordan and Dianne McShane

As members of the St. Chris Guardian, we wanted to share our love of reading with the younger students in our school. We read the book Milk and Cookies to Miss Krauss's second grade class. Here are some of their reviews:

Gabriella Gillen: "I liked Milk and Cookies."

Ryan Herrmann: "I can't explain it but I loved it."

Sydney Dunseath: "I liked when he had the dream!"

William Rukuba: "I liked when he stuffed the cookies in his mouth!"

Tyler Walker: "I loved it." †

# Weird but True

By Kacey Clougher

It is hard to believe that 315 entries in Webster's dictionary were misspelled. Surprisingly, 40% of McDonalds' profits come from happy meals.

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*Did you know a humming bird could weigh less than a penny?*

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Some people find that chewing gum while peeling onions will keep you from crying!! I found out all mammals except man and the monkeys are colorblind!! †

# Students for Friendship

By Dianne McShane

I asked some students questions about bullying and here are their answers. One way to eliminate bullying is by being a friend. Ways to deal with bullies are discussed here.

Q: What would you do if you were being bullied?

A: I would go to a teacher or a parent.

Q: Do you think bullies are usually boys or girls?

A: I think they can be both. Maybe girls do it more when they are older. I think girls can be really harsh with words.

Q: What can you do if you think someone is being bullied?

A: I would be a friend. Everyone needs friends. I could

# Party Time!

By Dianne McShane

Here are some party ideas for you to enjoy. If you have an October birthday, one of these could make your party one to remember.

You can throw a scrapbooking party with paper designs and photos of you and your friends. It will be a blast for everyone and you will get a memory book.

An American Idol party will bring out the superstar in everyone. You don't need a karaoke machine for this party but it will help if you have one. Make sure you have CDs for a sing-along.

Have a sports party and the fun will never end. This is a great idea for boys and girls. Whichever sport you play is for you to decide. Make sure it is not too cold outside!



Winter is right around the corner, so why not have an ice skating party? It will be fun for all your friends and family to bundle up. Just don't hurt yourself when you fall! (Hint: it is best to wear jeans on the rink!) Good luck to all the party planners. Celebrate good times! †



talk to him or her and invite that person to play a game during lunch. Even bullies need friends. Maybe if you are nice to the bully, you could show him or her how to be nice too. †

Talia says, "I like Ms. McNamee a lot, she's nice." Art is her favorite subject the first grader reports, "I like painting." Her favorite time of day is afternoon. Talia's favorite hobby is dancing. †

**Cartoon by Lauren Kennedy**



**Sudoku**

By Josh Lane 8-2

How to play: Sudoku is a game with 81 squares, each are supposed to be filled with numbers when you are done. There are 9 squares in each box. Here are some rules to get you started.

-For example, there can be only one number from 4-9 in a row (going across), this applies to all the other numbers as well, but when you start a different row you can use any number from 1-9 again if it fits.

-Now, when there's a line (going down) you can only use any number from 1-9 in one row, but when you start another row you can use the numbers 1-9 again if it fits in.

-There can only be one set of numbers from 1-9 in a box (9 squares put together, separated by the bold lines), in other words, you can't put any more than 1 number in a box without it being the same as another.

-You can only use the numbers 1-9

-If you're stuck, think of the numbers as "blocks". When there is a 2 in a row, box, or line, then it is "blocking" you from using another 2.

-Give it a try, and to make it tougher, try to time yourself and get a lower time than before.



Easy: ★ ★ ★ ★ ★

Sudoku is tough, so take your time and try to get the hang of it.

There is an "I accept Rachel's Challenge" banner hanging in the 6th, 7th and 8th grade hallway. The banner lists the names of people who were most certainly moved by the presentation, as well as those who agreed to follow the five suggestions: eliminate prejudice, dare to dream, choose your influences, use kind words, and start a chain reaction.

Rachel's Challenge club is starting up again this year. Any person from grades 6th, 7<sup>th</sup>, or 8th may participate. Our leader Mrs. O'Heir, and Mrs. Lederer, our principal said that they have many ideas including service projects and fundraisers to apply to the group's agenda for the year. We're going to do some pretty cool stuff, which kind of gives you a great feeling. The Rachel's Challenge Club provides an opportunity to do good. Please see a Rachel's Challenge member like myself or see Mrs. O'Heir for details. †

**St. Christopher's School Scramble**

By Caroline Brown

N N M C A T H O L I C E P S M  
 O A B R U O R R Y H V M T P R  
 I I M F S O B E E E T C Y L S  
 T D H R G L L U T L H I I G K  
 A R H E H I E S L R I T A C I  
 M A R S R U R D I C E G O F R  
 R U S S I E F S E R A M I C R  
 I G R P H L T E A R P M I O A  
 F M I T O O G T S U E S A K N  
 N S A M P R U N T R U R U R E  
 O F A H V R T E E M U T R A D  
 C T E B E V R S S P A N I S H  
 H R S E I D U T S L A I C O S  
 S F A T H E R B R I A N W M N  
 E C N E I C S N O Y L S S I M

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|--------------|-----------|-----------------|
| ART          | CATHOLIC  | COMPUTER        |
| DRAMA CLUB   | ENGLISH   | FAITH           |
| FATHER STEVE | GUARDIAN  | GYM             |
| MATH         | MIKE      | MISSLYONS       |
| MRS LEDERER  | MRS RILEY | MUSIC           |
| RELIGION     | ROGER     | SCIENCE         |
| SPANISH      | SPORTS    | ST CHRISTOPHERS |

**Page 2 Solutions**

**Did you try to "Guess that Teacher?"**

Mrs. Kopf!

**The solution to this month's riddle:**

Mary's father's fourth child is Mary!